

Excerpts from our Patient Handbook

SEGTC TREATMENT PHILOSOPHY:

There are many reasons (in addition to the ones listed below) why people take drugs and/or develop addictions.

Southeast Georgia Treatment Center was established as a medical solution to a medical problem. While there are many concerns regarding methadone maintenance and detoxification, SEGTC believes that it is a program for success. While there is some correlation of drug tolerance and dependency to a person's environment and genetic pool, it does not necessarily dictate that you cannot escape addiction.

Chemical imbalance

- Depression or stress
- Escapism
- Lack of a support system
- Loneliness
- Pain Management
- Peer pressure
- Poor self esteem

SEGTC will encourage each patient to develop coping skills and treatment strategies that will hopefully result in a successfully managed treatment and transition to an addiction-free lifestyle. There is no set length of treatment time because, as with any other medical condition, many factors must be considered. Some of those conditions are listed below.

- Acceptance by others
- Body chemical levels
- Coping mechanisms
- Expectations
- Fears
- Motivation factors
- Peer pressure
- Physical health
- Psychological Health
- Support Network

A serious commitment is required for complete independence from opioids. While some patients are able to graduate from a methadone maintenance treatment program, for others it is a lifelong need, and necessary for reaching and maintaining a gratifying and quality lifestyle. Regardless of whether a patient chooses complete detoxification or an on-going maintenance program, SEGTC will work with each patient to successfully achieve the chosen goal.
